Please cut out this card, fill in the relevant information, fold it in two and insert it in your wallet so that it is with you at all times. Feel free to write more information inside the card if you need to.

It is one of those documents that is completely useless until it becomes essential and saves your life.

If I am able to swallow, give me sugar in some form - candy, syrup, cola or similar beverages that contain sugar, orange juice, etc. Please call my family directly at the below number:
Emergency treatment
The second secon
l am a diabetic
Il am a diabetic
I AM NOT INTOXICATED
If I am unconscious or my behavior is peculiar,
please refer to emergency instructions on reverse
side of this card.
NAME
ADDRESS
CITY TEL
EMERGENCY CONTACT
EMERGENCY TEL NUMBER

